



MODERN QUILT GROUP

Part of the Quilters' Guild of the British Isles

www.mqgb.org.uk



TWIN PEAKS *This method make two blocks at once, hence the name!*



TWIN PEAKS

Far right shows the blocks set on point

NOTES ON CHOOSING FABRICS:

Making a patchwork illusion work relies very much on the choice of fabric; I would advise choosing plain or tone-on-tone fabrics which read as plain at a distance - not large or multi-coloured prints, save those for another project. You need to choose a dark and light shade of the same colour. When ever possible use good quality 100% cotton quilting fabric you will get better, longer-lasting results.



SEAMS:

Sew with a consistent 1/4 inch seam throughout, with fabrics Right Sides Together (RST) unless otherwise stated.

FABRIC CUTTING:

Peaks – Neutrals

Cut two pieces; 4 3/4 x 4 3/4 inches

Light Side

Cut two pieces; 4 3/4 x 4 3/4 inches

Cut one piece; 5 1/2 x 5 1/2 inches

Dark Side

Cut two pieces; 4 3/4 x 4 3/4 inches

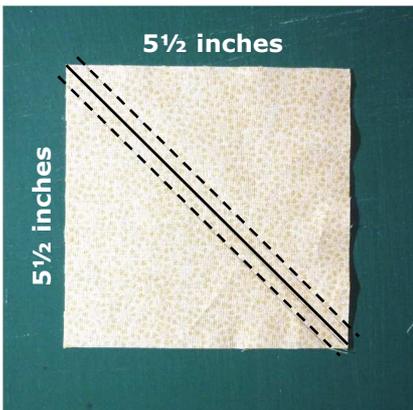
Cut one piece; 5 1/2 x 5 1/2 inches



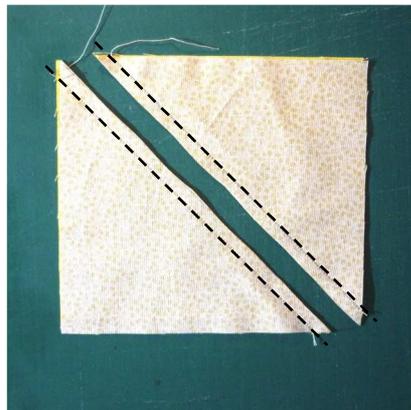
If you have any doubts whether your fabric is cotton or polycotton, see our on-line tutorial on testing fabrics: <http://mqgb.org.uk/patterns/testing.html>



Cut the fabric pieces for one pair of blocks as listed left.



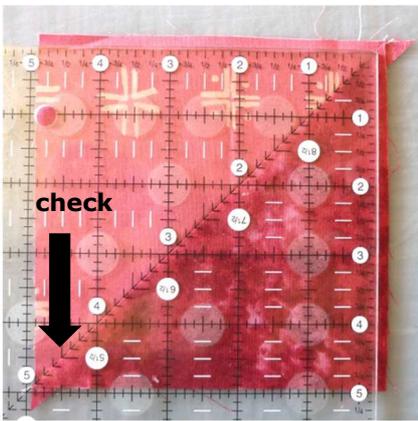
Place the two larger squares RST and mark a diagonal line on the back of one, then mark a line each side, 1/4 inch away.



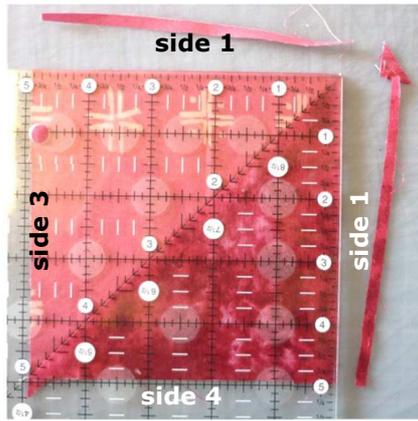
Pin together and stitch along the two outer lines. Cut down the centre line



Press seams towards the dark side.

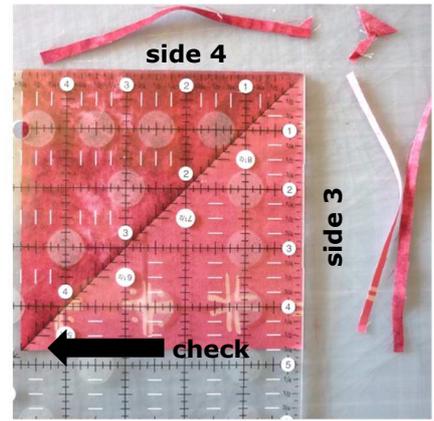


Line up the 45 degree line on your ruler with the seam on the block, checking you have enough fabric under the ruler in the bottom right hand corner to trim to 4 3/4 inches square



Trim the excess fabric from sides 1 and 2 of the block.

NOTE: if you are left handed your ruler will be the other way round – reversed left to right.

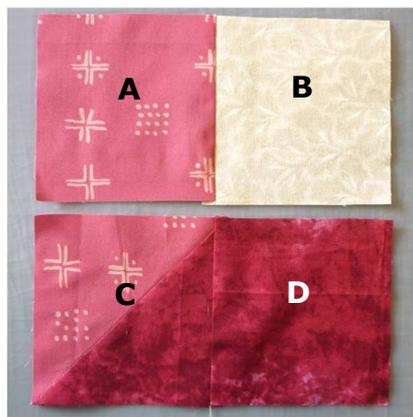


Turn the block round 180 degrees & line up the diagonal line with the seam again. Make sure you line the corner up with 4 3/4 inch measurement in the bottom right hand corner to trim sides 3 and 4

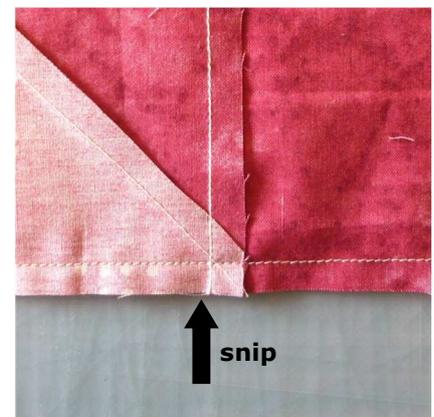


Work on one block at a time and lay out as shown above.

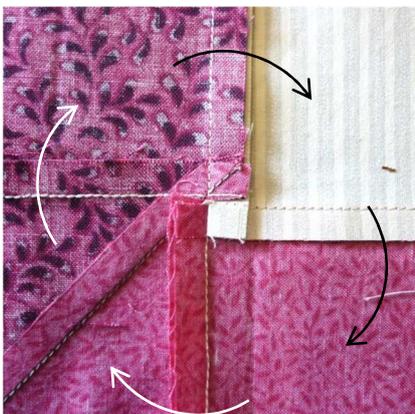
NOTE: this block layout is viewed from the right side. It is important all blocks are the same to make the 3-D image work.



Sew A to B and press towards A, Sew C to D and press towards D. Match the centre seam carefully & sew the two sub-blocks together



With a pair of sharp scissors, make a snip in the seam allowance just at the centre as close to the seam as you can without cutting through it.



Press the seams either side of the centre in opposite directions so all the seams fall in a clockwise direction



Repeat all steps with the other block and trim each finished one down to 8 1/2 inches square

CUTTING SIZES FOR SMALLER BLOCKS:

Peaks – Neutrals

Cut two pieces; 3 3/4 x 3 3/4 inches

Light Side

Cut two pieces; 3 3/4 x 3 3/4 inches

Cut one piece; 4 1/2 x 4 1/2 inches

Dark Side

Cut two pieces; 3 3/4 x 3 3/4 inches

Cut one piece; 4 1/2 x 4 1/2 inches

Follow instructions as before, trimming the half-square triangle blocks to 3 3/4 inches square when you reach that stage. Trim finished blocks to 6 1/2 inches square.